

Angela Lee Duckworth, Famous for Her Viral TED Talk, Will Speak at BYU Forum On Feb. 28.

PROVO, Utah Research psychologist and author, Angela Duckworth, will deliver a forum speech at BYU on Feb. 28 at 11:05 a.m. in the Marriott Center. Her TED talk is the most viewed of all time, and she is also known for her No. 1 New York Times best seller titled, “Grit: The Power of Passion and Perseverance”.

Angela Duckworth graduated from Harvard with a bachelor's degree in Advanced Studies Neurobiology and earned a Master of Science degree from Oxford University. She achieved her PhD in Psychology at the University of Pennsylvania as a National Science Foundation Graduate Fellow.

Duckworth wrote in her book, “Grit depends on a different kind of hope. It rests on the expectation that our own efforts can improve our future.”

Through her research publications and working closely with students, Duckworth has become invested in people’s character, specifically how it is formed and how it motivates them. She believes that it is important for teachers to genuinely care for their students’ well-being and success.

Duckworth is the co-founder, chief scientist, and a board member of the Character Lab, established as a non-profit that aims to help children succeed through scientific insights. She also is the co-director of the Behavior Change For Good Initiative. This team utilizes behavioral science in efforts to transform people’s lives for the better.

About BYU:

Brigham Young University is a private, religious institution, sponsored by the Church of Jesus Christ of Latter-Day Saints, located in Provo, Utah. BYU has 33,000 students from 105 countries and every state in the United States. In 2022, U.S. News ranked BYU 6th overall for Best Value in their “2022 Best Colleges” publication. The three objectives of a BYU education are as follows: spiritually strengthening, intellectually enlarging, and character building.

For more information:

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